



Pony Power your Date Night

"Connection is the energy that is created between people when they feel seen, heard and valued - when they can give and receive without judgement." ~ Brene Brown, PhD, LMSW

Did you ever think that the missing piece to improving communication styles, conflict resolution, self-expression and your relationship just might be...A PONY!

Our ponies will tell you exactly what they think—and here's where things get interesting, because what horses think of you tends to be what most people think of you, too. The difference: Horses won't lie about it. Flattery, backstabbing, and hidden agendas are unknown to horses. They communicate what they feel, straight up, all the time. Which means that to gain their trust, humans must be genuine, clear, and honest.

Our Ponies can help couples:

- Foster respect, affection, closeness and trust
- Develop and enhance effective communication skills
- Build and share a deeper connection with each other's inner world
- Encourage the success of a new relationship or rekindle the romance
- Learn how to manage conflict
- Strengthen and maintain the gains in their relationship

Our Pony Powered date nights are designed to build relationship skills in a relaxed, interesting way as you, your partner and equine team member problem solve through exercises that will challenge you to see alternative perspectives and perhaps discover new things about yourself and your relationship. The couple that plays together stays together!

Our programs are great for a couple, or group of couples, wishing to increase their communication skills (both non-verbal and verbal), collaboration, problem-solving, empathy, listening skills and so much more. This fun experience encourages couples to work together, have fun and grow in their relationships.

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