



**Take the Lead! A Leader in Training Program
(Ages 14-16; max. of 12 participants)**

Application Deadline: June 14, 2019, as positions remain available.

Questions and submission of cover letter & resume to Irene Heaven at irene@abbeygardens.ca.

Abbey Gardens is a charitable organization focused on the remediation of a decommissioned gravel pit into a green space that provides economic and recreational opportunities for our community. Our vision is to inspire a healthy community and create opportunities to learn about living sustainably. The 380 acre site is developing incrementally towards becoming a demonstration and education site on local food, gardening, sustainable living, biodiversity and ecology. In addition to helping nature reclaim the land, the Abbey Gardens team is dedicated to demonstrating innovative and replicable solutions and practices that will inspire generations of good stewards for our earth and people. Our project offers tremendous opportunity for learning and experimentation as well as project management.

Take the Lead! is part of the Abbey Gardens "Leader in Training" program which is designed to help youth develop leadership skills while assisting programming staff in the delivery of summer programs. "Leaders in Training" (LIT's) will participate in this one day orientation program which integrates the Abbey Gardens Equine Assisted Learning (EAL) program (A.P.P.L.E.) to help develop leadership skills in a unique way. LIT's will be introduced to the Abbey Gardens' ponies and their role as rare breed ambassadors then take part in a 3-hour EAL session which will focus on identifying and developing leadership styles and skills. Our ponies will help demonstrate the effectiveness of trust and respect, teach participants appropriate assertiveness while helping hone verbal and non-verbal communication skills. Reflection and goal setting exercises combined with familiarization of Abbey Gardens, introduction to summer camps and other engaging opportunities offered on-site will complete the day. Participants of this program will further develop their leadership skills by assisting with at least one of Abbey Gardens' summer camps and/or participating in or initiating another mission based project as part of the Leader in Training program.

The "Leaders in Training" program is designed to help youth cultivate self-awareness, communication, and cooperation skills. The goal is to inspire young people to be trustful, respectful, engaging and develop skills to responsibly "Take the Lead".

Date: July 10. Participate in this one day "Take the Lead" leadership/orientation program and then choose from a selection of summer camps or projects to further develop your leadership skills and be eligible for community service hours.

Time: 9:00am-4:00pm

Cost: \$20.00 Includes lunch from our Food Hub during the Take the Lead day program.

To Register: Submit a resume accompanied by a cover letter. Your cover letter should express why you would like to take part in this program, your interest in assisting with a summer camp along with the dates you are available or your interest in taking part or initiating another project with Abbey Gardens. Please email to irene@abbeygardens.ca

Registration Deadline: June 14, 2019, as spaces remain available. Maximum # of participants is 12.

LIT participant breakdown for summer camps:

- Outdoor Kids week#1, July 15-19: up to 3 LIT positions for ages 14-16 years
- Outdoor Kids week#2, July 29-August 2: up to 3 LIT positions for ages 14-16 years
- Fresh Air Tikes, August 12-16, up to 3 LIT positions for ages 14-16 years
- Taking the Reins, July 22-July 26: up to 3 LIT positions for aged 16 years