# **TAKE THE LEAD:** A LEADER IN TRAINING PROGRAM (ages 15-18)

Take the Lead! is part of the Abbey Gardens "Leader in Training" program which is designed to help youth develop leadership skills while assisting programming staff in the delivery of summer programs. "Leaders in Training" (LIT's) will participate in this one day orientation program which integrates the Abbey Gardens Equine Assisted Learning (EAL) program (A.P.P.L.E.) to help develop leadership skills in a unique way. LIT's will be introduced to the Abbey Gardens' ponies and their role as rare breed ambassadors then take part in a 3-hour EAL session which will focus on identifying and developing leadership styles and skills. Our ponies will help demonstrate the effectiveness of trust and respect, teach participants appropriate assertiveness while helping hone verbal and nonverbal communication skills. Reflection and goal setting exercises combined with familiarization of Abbey Gardens, introduction to summer camps and other engaging opportunities offered on-site will complete the day.

Participants of this program will further develop their leadership skills by assisting with at least one of Abbey Gardens' summer camps as part of the Leader in Training program. The "Leaders in Training" program is designed to help youth cultivate self-awareness, communication, and cooperation skills.
The goal is to inspire young people to be trustful, respectful, engaging and develop skills to responsibly "Take the Lead".

# DATE: July 8th, 9am-4pm: Take the Lead Orientation Day

Assist with one or more summer camps to further develop your leadership skills. Eligible for community service hours.

# **COST:** \$20 for the orientation day (includes lunch)

Submit a resume with cover letter to Irene Heaven, irene@abbeygardens.ca by June 19th, 2020.

Cover letter should express why you would like to take part in this program, as well as the camp(s) you'd like to assist with and the dates you're available.







# CAMPS for All Ages!

Fresh Air Tykes (ages 4-6)

Outdoor Kids (ages 7-10)

Taking the Reins (ages 11-14)

Leaders in Training (ages 15-18)

Follow Us!



At Abbey Gardens, we aim to provide opportunities for children and youth to explore the great outdoors in a fun and inquisitive way, enhancing positive natural experiences!

# FRESH AIR TYKES (ages 4-6)

Fresh Air Tykes is all about getting comfortable with our "wild" backyard and breathing in good fresh air! Children have a natural sense of wonder and here they will safely explore and discover nature through daily themes. Days will be filled with fun games, indoor crafts, sensory activities, stories, outdoor explorations, and so much more!

> COST: \$200 for the week DATE: July 13-17 (9am-4pm daily)

# OUTDOOR KIDS (ages 7-10)

A children's program that is fun ... naturally! Young nature enthusiasts will spend the week exploring and uncovering the beauty and mysteries of the great outdoors through different daily themes! Each day is filled with games, exploratory hikes, eco activities and crafts! Come on out and get outdoors!

> COST: \$175 for the week DATE: Week #1 – July 27-31; Week #2 – August 3-7 (9am-4pm daily)







### **TAKING THE REINS** (ages 11-14)

What do you get when you combine Horse Sense with Outdoor Leadership Skills? Taking the Reins! ... a fun camp that fosters confidence and leadership skills in a safe outdoor environment. Each day begins with an introduction to the "Art of Horsemanship" led by Lesley English, a certified EAL instructor and Abbey Gardens' trusted pony trainer. Participants will be hands-on in all aspects of the care, management and training of our ponies during the week: learning to properly catch, groom and handle our rare breed ambassadors. Afternoons will be filled with discovering outdoor skills and exploring nature based leadership activities. Taking the Reins! challenges individuals to discover themselves and confidently grow into young leaders.

Please note that all our horsemanship is based on ground training techniques and care, there is no riding.

**COST:** \$250 for the week **DATE:** August 10-14 (9am-4pm daily)

#### **REGISTERING FOR SUMMER CAMPS**

Pre-registration required. Space is limited.

For more information and to register, visit <u>www.abbeygardens.ca</u> under the programming tab.

1012 Garden Gate Drive, Haliburton, ON (705) 754-4769

~ Remember to pack a lunch, snacks and water daily for all camps ~