

Leader in Training Program

A Growing Experience ... A Growing Education



Welcome to Abbey Gardens!

An **abbey** is a place to gather or meet. A **garden** is an outdoor space to display, cultivate, or enjoy plants and other forms of nature. We are Abbey Gardens, a green space for you to gather and enjoy.

Aaniin, Boozho (Hello, Welcome in Anishinaabemowin)

Long before today, as we now gather here at Abbey Gardens, there have been Indigenous Peoples who have been the stewards of these lands and waters. **Abbey Gardens respectfully acknowledges that we are situated on the Anishinaabe lands** covered by Treaty 20 Michi Saagiig territory and the traditional territory of the Michi Saagiig and Chippewa Nations, collectively known as the Williams Treaties First Nations, which include Curve Lake, Hiawatha, Alderville, Scugog Island, Rama, Beausoleil and Georgina Island.

The Haliburton Highlands, called "Gidaaki" by Anishinaabe, resides within the territory protected by a "Dish with One Spoon" wampum agreement between the Anishinaabe and Haudenosaunee Peoples to share and safeguard this land in the spirit of **peace**, friendship, and respect. We honour all this represents and are grateful for the opportunity to meet here. We thank the generations of people who have taken care of these lands from time immemorial and deeply

> appreciate their **historic connection** to this place and their continued responsibility in ensuring the health and integrity of this place for generations to come.

We also recognize the contributions of Métis, Inuit, and other Indigenous Peoples, in shaping and strengthening this province and country. By learning, understanding, and acknowledging, we wish to pay respect to Turtle Island, Mother Earth and to the rich Indigenous presence in Ontario. We invite you to join us on our journey to reconciliation.

Miigwech

(Thank You in Anishinaabemowin)



Abbey Gardens

A growing experience ... a growing education

Abbey Gardens is a charitable organization focused on the remediation of a decommissioned gravel pit into a green space that provides economic and recreational opportunities for our community. Our vision is to inspire a healthy community and create opportunities to learn about living sustainably.

The 380-acre site is developing incrementally towards becoming a demonstration and education site on local food, gardening, sustainable living, biodiversity, and ecology. In addition to helping nature reclaim the land, the Abbey Gardens' team is dedicated to demonstrating innovative and replicable solutions and practices that will inspire generations of good stewards for our earth and people.

We operate a 2-acre market garden on a partially restored gravel pit and strive to produce healthy, chemicalfree vegetables in a way that integrates with, rather than impacts, the natural environment. Our market garden provides fresh produce, which is sold directly through the Food Hub, a modern straw bale sustainable building. The community kitchen within the Hub is where fresh fruit and vegetables are processed into soups, pickles, preserves, jams, baked goods, salads, dips, and dressings.

Abbey Gardens recognizes the importance of heritage and heirloom species and strives to educate people on their value for living within our environmental constraints. The garden demonstrates many heirloom plants suited for our area. In addition, we have heritage breed ambassadors on site such as rare Ojibwe Horses and several varieties of chickens and ducks which all help in our educational programming.

A collage of natural program areas on our property enhances experiential education by connecting us to our natural environment and providing a perfect classroom to explore nature's cycles which are essential for sustainable and healthy living. A developing interpretive trail system further accommodates the growing educational programming offered at our unique facility.

Our natural program areas, trails, gardens, and Food Hub creates the canvas for our programs, and we offer school field trips, seasonal programming, adult and youth workshops, interpretive tours, and volunteer opportunities to teach and share knowledge about all aspects of Abbey Gardens and living sustainably.





Leadership Development Program

At Abbey Gardens we are mindful that youth are the future for successful community development and sustainability and want to provide individuals a chance to develop applicable skills to better suit their role as community leaders. The Abbey Gardens' Leader in Training (LIT) program provides opportunities for individuals who are 15-17 years of age to develop leadership skills under the supervision of our programming team. A one-day orientation program, integrating our rare breed horses and Equine Assisted Learning programming, provides participants an opportunity to become familiar with, and develop, leadership styles and skills. Assisting programming staff for a week or more during Abbey Gardens' summer camps allows participants to strengthen and build on these skills. Candidates for this program should have an interest in ecology, living sustainably, enjoying the outdoors and have good social skills which can be further refined and mentored into positive leadership skills.

All candidates will be asked to have a person-person or telephone interview to assess their appropriateness for this program. Once accepted, Abbey Gardens' programming staff pledge to give participants a clear understanding of their expectations as Leaders in Training.

It should be noted that Leaders in Training will never be left responsible for a group without staff support. It is not our intention to replace staff with our Leaders in Training. It is, however, our intention to give these young people a chance to be in a leadership role with support from experienced leaders.

Short debriefings after each program/day provide an opportunity to share experiences and feedback. At the end of the program or program series, an assessment based on the qualities outlined below will be given to each Leader in Training. Successful Leaders in Training will achieve a 3+ score for all 5 leadership component areas. The assessment is meant to provide the Leader in Training an understanding of their individual strengths and/or weaknesses to help them direct further leadership growth.

Upon completion, participants will be given a certificate recognizing their valuable contribution to delivering the mandate of Abbey Gardens and their successful completion of the Leadership Development Program. They will also be eligible to receive community service hours for their participation in this program.



Leader in Training Program Feedback and Assessment Criteria

Communication (ability to express the	nemselves and listen to instructions effectively)
1	5
Not clear	Communicates very effectively
, when appropriate)	or things to do and to complete without direction
Waits for direction	5 Little direction needed
Responsibility (follows through with	everything asked to do, reliable)
1	5
Not always reliable	Very reliable
h	pility to connect with participants and staff, ability to have fun with participants)
1	5
Relationships are strained	Excellent ability to connect with people
Safety (ability to recognize possible dates for participant safety)	anger and to bring this to staff attention, looking out
1	5
Unaware of Hazards	Focused on camper safety



Our Education Philosophy

This we Know...

We are the earth, through the plants and animals that nourish us. We are wholly dependent on air, water & soil ... these are our life support systems. We are here only for a limited time ... let us all make environmental differences a priority in our lives.

This we Believe ...

Our relationship with the earth must change ...

- ... from dominance to partnership.
- ... from fragmentation to connection.
- ... from carelessness to respect.

We must remember all those who will walk after us, We must adopt a more sustainable way of living, Learning to live more lightly, ... Our future will depend on it.

This we Resolve ...

That the earth's wellness is completely interconnected to our healthiness. Abbey Gardens' mission is to educate these interconnections through:

- Growing & distributing safe, healthy & reliable food.
- Sustainable modelling ... restore, protect and encourage environmental diversity & renewable energies.
- Community partnerships ... through collaboration & cooperation.
- Environmental Education ... 3 H approach (Head, Heart, Hands).

"Life is not measured by the number of breaths you take but by the number of moments that take your breath away."







Our programming team

Program Staff:

Irene Heaven, Education Coordinator

Irene oversees the development and implementation of interpretive, educational programming for Abbey Gardens. She also works closely with the program coordinator developing opportunities for guided and self-guided experiences on Abbey Gardens' property. Irene is a wildlife biologist, Honours BSc, with extensive field experience nationally and internationally and has been involved in outdoor and environmental education for over 20 years.





Cara Steele, Program Coordinator & Ecological Specialist

Cara oversees restoration projects on the property including design, plant sourcing, implementation, volunteer management, and community outreach. She brings 10 years of experience in the restoration field and has completed forest, grassland, shoreline, and wetland restoration projects. She also works closely with the education team to develop programs, workshops, events, and self-guided property experiences. She holds a Bachelor of Science in Marine and Freshwater Biology as well as a post-graduate certificate in Ecosystem Restoration.

Lena Hasse, Seasonal Educational Programmer & Camp Lead

Lena is currently an undergraduate student at Brock University majoring in Outdoor Recreation. She grew up in Algonquin Highlands and loves spending time in the outdoors. Some of Lena's favourite pastimes are hiking with her dogs and camping!





Madelyn Sharpe, Seasonal Educational Programmer & Camp Lead

Madelyn is graduating from Western University this year with a degree in Geography and Environment. Growing up in Orillia, she spent a lot of time on Lake Simcoe and enjoys camping and hiking trips. All these experiences have instilled her love for the outdoors!



Abigail Woloviec, Seasonal Educational Programmer & Camp Lead

Abigail is graduating from secondary school this spring and is looking forward to continuing her education at university. She is a huge fan of animals, gardening and being outside. She also enjoys cozy video games and plays the bass! Abigail loves learning new things, whether it be languages, technical skills or how to take care of a new animal. She is super excited to be a part of the Abbey Gardens' team this summer!



Lesley English, Certified EAL Facilitator and A.P.P.L.E. Coordinator

Lesley has loved horses for as long as she can remember! She started riding at the age of 9 and received her British



Horse Society Instructors certification after completing high school. Over the years she has competed in 3 Day Eventing as well as coaching both teams and individuals to competition level in such equine sports as the Prince Philip Cup Mounted Games and the Canadian Pony Club Tetrathlon. Over the years Lesley's coaching and training style has evolved to include elements of Natural Horsemanship and traditional methods along with her own common-sense approach. She is thrilled to add Equine Assisted Learning Facilitator credentials to her repertoire which she received from the best-in-class Dreamwinds Centre. Lesley is excited about her partnership with Abbey Gardens, facilitating EAL programming and raising awareness of Abbey Gardens' critically endangered Ojibwe Horses.





Our facility

We are located at 1012 Garden Gate Drive, 10 minutes east from Carnarvon off Highway #118.

Please be aware that Abbey Gardens is not a nut free environment.

Gathering Place

The Gathering Place is a 30ft X 30ft building centrally located on Abbey Gardens property. Its location provides easy access to forest trails, the Enchanted Forest, playing fields, our horses and is a short picturesque 5-minute walk to the Glen and Garden. The building has a large garage door which can be

opened and screened providing a view of the surrounding forest, creating an indoor - outdoor classroom or workspace. The Gathering Place has an indoor washroom with access to close by outhouses.

During your time with us, the Gathering Place becomes the seasonal programming staff office ... it is your space! Well almost, we do also use the Gathering Place for our EcoExplorers classroom in the spring. As the weather and "bugs" improve, we may move EcoExplorers to the programming shelter. Currently, no later than June 19, the classroom portion of the Gathering Place then becomes your area to physically organize camp materials by camp and week!

Forest School has a trailer set up outside of the Gathering Place. This is their base on Tuesdays and Thursdays. Sometimes instructors come inside to fill water, clean art supplies, etc. We have been developing this partnership with At Last Forest School since 2020.

Programming Shelter

This is the base for all our camps! It is a beautiful 30ft X 60ft structure close to the Enchanted Forest and overlooks a meadow and horse paddock. It is

the perfect location for our programs! It is close to the Gathering Place and central to the property which is perfect for planning explorations!









The Enchanted Forest

A natural forested area with several engaging stations providing free play for children guided only by the



imagination of the child and nature. The Enchanted Forest was designed by the Abbey Gardens' EcoExplorers under the guidance of an Early Childhood Educator and placed on the ground by Abbey Gardens staff, volunteers, and the Garden Patch Kids. The magic of the Enchanted Forest includes the Bog Bakery and Café, Kids Construction Zone (loose part play), Dino Nest, Theatre in the Woods, Library (donated by Haliburton Lions), a Fairy & Gnome Garden, and the Story tree.

within our natural environment. Future plans exist and are continuously developing as more and more of the decommissioned gravel pit is reclaimed. A shaded sitting area and hoop houses are dispersed among different types of gardens including hugelbeds, lasagna gardens, pollinator gardens, a labyrinth/sensory garden, and a young orchard. The garden is also the location of our flock! Abbey Gardens is the home of several heritage breed chickens and ducks that always enthrall young people! These features along with our emerging "Education Garden" provide

The Glen

"The Glen" is a pocket of natural forested area with a milkweed meadow and a stream running through. The Glen provides a lovely bridge between the big pit area and the garden. It's in close proximity to the education gardens, making it a perfect backdrop for experiencing and learning about the essential connections between our natural world and cycles that are important to us and our food.



Garden

Presently there are 2 acres of garden producing healthy, chemical-free vegetables in a way that works

additional programming opportunities at Abbey Gardens.



The Food Hub

A beautiful straw bale building, with solar net metering and heating and cooling with geothermal energy provides a food hub, complete with commercial kitchen. The food hub is a social enterprise offering products from local producers and sourced goods from within a 200 km radius. The Food Hub aims to support local producers and increase accessibility and distribution of local products to consumers. The Food Hub provides an on-site kitchen where "housemade" food products are prepared using locally grown ingredients. It has a yummy café with beverages, sandwiches, and finger desserts for sale!





Abbey Gardens Trail Network

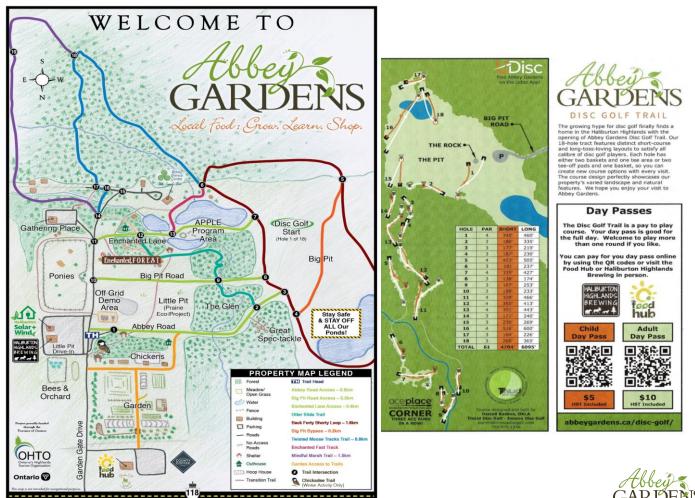
The Transitions Trail is a 1.2km trail that starts near the garden and guides hikers through the active transition of an aggregate operation to what we are today. Many features such as a pond, scrub meadow and a forested succession area give much opportunity for viewing a variety of flora and fauna. Trail extensions lead to the Enchanted Forest, an outdoor musical gong installation and is the access point for another 5 kms of meandering trails throughout 200 acres of mixed wood forest on the property. This network of trails is continuously expanding, opening new areas of Abbey Gardens for exploration and is regularly integrated within Abbey Gardens' programming.



The Property is your Classroom!

Three hundred and eighty acres landscaped with mixed wood forest (characteristic of Haliburton Highlands), wetlands, ponds, meadows, gardens, and a recovering gravel pit. This natural area provides numerous opportunities for programming and is accessible by a continuously growing network of trails.

The "Little Pit" is being restored to a tall grass prairie and has a trail through it allowing you to walk among the beautiful native grasses. The "Big Pit" has a programming tent located there and is the start of our Disc Golf Course. It also has our Miyawaki plots, hosts our pumpkin patch in the fall and is often the location of new restoration projects!



Take the Lead! A Leader in Training Program (ages 15 - 17)

Take the Lead! is part of the Abbey Gardens "Leader in Training" program which is designed to help youth develop leadership skills while assisting programming staff in the delivery of summer programs. "Leaders in Training" (LIT's) will participate in this one-day orientation program which integrates the Abbey Gardens Equine Assisted Learning (EAL) program (A.P.P.L.E.) to help develop leadership skills in a unique way. LIT's will be introduced to the Abbey Gardens' ponies and their role as rare breed ambassadors then take part in a 3-hour EAL session which will focus on identifying and developing leadership styles and skills. Our ponies will help demonstrate the effectiveness of trust and respect, teach participants appropriate assertiveness while helping hone verbal and non-verbal communication skills. Reflection and goal setting exercises combined with familiarization of Abbey Gardens, introduction to summer camps and other engaging opportunities offered onsite will complete the day. Participants of this program will further develop their leadership skills by assisting with at least one of Abbey Gardens' summer camps and/or participating in or initiating another mission-based project as part of the Leader in Training program.

The "Leaders in Training" program is designed to help youth cultivate self-awareness, communication, and cooperation skills. The goal is to inspire young people to be trustful, respectful, engaging and develop skills to responsibly "Take the Lead".

Date: Thurs. June 27, 2024.

Participate in this one day "Take the Lead" leadership/orientation. program and then choose from a selection of summer camps or projects to further develop your leadership skills and be eligible for community service hours.

Time: 10:00am-3:00pm

Cost: \$50.00, includes lunch

To Register: Submit a resume accompanied by a cover letter. Your cover letter should express why you would like to take part in this program, your interest in assisting with a summer camp along with the dates you are available or your interest in taking part or initiating another project with Abbey Gardens. Please email to <u>irene@abbeygardens.ca</u>

Registration Deadline: Sunday June 23, 2024. Dependent on available spaces. Maximum # of participants is 9.

LIT participant breakdown for summer camps:

- Outdoor Kids 1 youth aged 15-17 years per camp
- Fresh Air Tykes 1 youth aged 15-17 years per camp



Abbey Gardens' Summer Camp Experiences

At Abbey Gardens we aim to provide opportunities for children and youth to explore the great outdoors in a fun and inquisitive way, enhancing positive natural experiences. Our hope is that children will become more familiar with their natural backyard and stimulate their connection to that environment, recognizing that we are all a part of this incredible world. Memorable experiences, which we strive to give our campers, will stay throughout their lives, impacting their decisions in the future and giving them a sense of responsibility towards our environment. Our children are the future stewards of our natural world ... we hope to help in providing them with some foundations ... and have a whole lot of fun doing it!



Summer Schedule of Camps

Fresh Air Tykes

Week #1 \rightarrow July 2 - 4 (4-day camp) Week #2 \rightarrow July 15 - 19 Week #3 \rightarrow July 29 - August 2 Week #4 \rightarrow August 12 -16

Outdoor Kids

Week #1 \rightarrow July 8 - 12 Week #2 \rightarrow July 22 - 26 Week #3 \rightarrow August 6 - 9 (4-day camp) Week #4 \rightarrow August 19-23



Fresh Air Tykes Camp (ages 5-7 years old)

Fresh Air Tykes is all about getting comfortable with our "wild" backyard and breathing in good fresh air! Children have a natural sense of wonder and during this program they will safely explore and discover nature through stories and their senses. Days will be filled with fun games, indoor crafts, sensory activities, stories, outside explorations, and so much more!

Each day has different a theme, but all Fresh Air Tykes' days look something like this:

Typical Camp Day

9:00 am	LIT's Arrive to help Set Up
9:30 am	Campers arrive at Camp
9:30 am	Waiting Activity/Welcome
9:45 am	Forest Friend Find/Story Time
10:00 am	Snack
10:15 am	Sensory Exploration
11:00 am	Colouring Journal Time
11:30 am	Lunch Time
12:00 pm	Free Time

Typical Camp Day Continued

EcoActivity/Exploration Hike 12:30 pm 1:30 pm Snack Craft 1:45 pm 2:15 pm Colouring Journal 2:30pm Sharing/Talk Circle 3:00 pm **Enchanted Forest Play** 4:00 pm Pick-up for Campers 4:30 pm LIT's Depart





Outdoor Kids Camp (ages 8-11 years old)

The Outdoor Kids Camp is designed for discovery and fun in our wide-open spaces! Our aim is to provide an opportunity for children to explore and discover their natural world with confidence, so they enjoy and become familiar with our great outdoors. Activities encourage positive group dynamics, emphasizing the importance of cooperation and support, all within a safe environment. Campers are encouraged and given time to reflect upon their daily adventures and are encouraged to contemplate the day's events and express their feelings and thoughts within a personal journal.

Each day has different eco-based themes, but all Outdoor Kids' days look something like this:



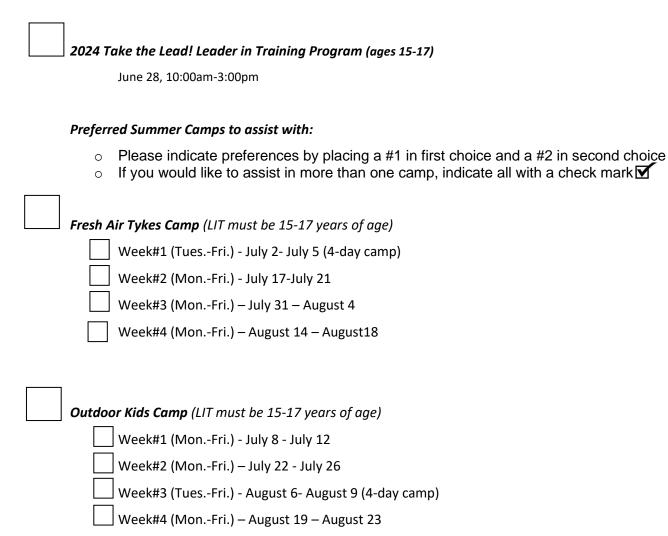
Typical Camp Day

9:00 am	LIT's Arrive for Set Up
9:30 am	Campers arrive at Camp
	Free Time
9:45 am	Back Pocket Games
10:00am	Welcome/Introduction to day
10:15 am	Snack
10:30 am	EcoActivity/Crafts
12:00 pm	Lunch/Free Time
12:30 pm	Exploration/Adventure Hike
1:30pm	Snack
1:45pm	Eco Activity/Crafts
2:45pm	Journal Time
3:00 pm	Enchanted Forest Free Play
4:00 pm	Pick-up for Campers
4:30 pm	LIT's Depart





Program Interest



For more information or to register ...

Call Irene at (705)754-4769 (GROW).

Email the Program Interest Form Irene at Irene@abbeygardens.ca.





Registration Forms

All participants or parents/guardians of participants must complete the following forms to complete registration: Disclaimer Waiver, Medical Form, A.P.P.L.E waiver and Volunteer waiver. **Completed and signed** forms are required to be submitted to Irene Heaven at Abbey Gardens, <u>irene@abbeygardens.ca</u>, no later than one week prior to participation.

If there are any food allergies or medical issues, please ensure that the staff of Abbey Gardens is aware. Thank you!





Leader in Training Registration Package

Liability & Disclaimer Waiver

Name of Program:	
Date of Program:	
Participant's Name:	Date of Birth:
Parent/Legal Guardian Name:	
Mailing Address:	
Home Phone:	Work Phone:
Cell Phone:	
I acknowledge and accept that my and/or n	
I am interested in receiving Abbey Gardens	Yes No s e-newsletter by e-mail.
My email is	•

I hereby certify that ______ (name of participant) is in good physical condition and capable of fully participating in the abovementioned program.

I further acknowledge that Abbey Gardens Community Trust, its Directors, employees, agents or volunteers and hike leaders will not be held responsible for any accident or loss, however caused, and hereby agree to release, discharge and indemnify the said Abbey Gardens Community Trust, their Directors, employees, agents or volunteers and hike leaders from: all liability, any and all claims for damages, liabilities or losses to the abovementioned participant which may arise as a result of, or by reason of accident or loss during participation in the abovementioned program and activities related to it or by reason of the provision of medical care to me. In the event that the abovementioned participant is injured and next of kin cannot be contacted, permission is granted to the attending physician to render such treatment as would be normal.

BY SIGNING THIS FORM, I ACKNOWLEDGE THAT I HAVE READ, UNDERSTOOD AND AGREED TO THE ABOVE CONDITIONS, RELEASE AND WAIVER.

Dated in the County of Haliburton on this _____ day of _____, 2024.

Name(s) of Participant(s) or Parent/Legal Guardian if Participant is a Minor (Please Print)

Signature(s) of Participant(s) or Parent/Legal Guardian if Participant is a Minor



Medical Information Form

Date:				
Name of participant:				
Name of emergency contac	ct person			
Emergency Contact Phone	#'s: Home:		Work:	
	Cell:			
Please indicate if your depote the program experience. (I	•		t you are aware of that m	ay affect their health durin
Heart Condition	Yes No	explanation		
Epilepsy	Yes No	explanation		
Asthma	Yes No _	explanation		
Insect/plant allergies	Yes No	explanation		
Food allergies	Yes No _	explanation		
Drug/serum allergies	Yes No	explanation		
Other Please explain				
Does your child experience autism, ADD/ADHD? (Inclu			osed with a behavioural o	condition such as anxiety,
Does your child have an Ed If this is required, they like parents/guardians to provi agree to provide 1:1 suppo	ly need this suppo ide such support f	ort during Abbey Gard or the duration of all	lens' programs and it is th Abbey Gardens' program	e responsibility of the
If you would like to	o discuss, please c	ontact Irene Heaven,	irene@abbeygardens.ca	or call (705) 754-4769.
I have provided medical	information tha	t is accurate.		
Signed		If under 16, parent/	guardian signature	
Date:		_		





EQUINE RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

Name:	 	 	
Address/email:	 	 	
Telephone:			

I hereby enter into this agreement in consideration of my / ability and permission to use any Horse owned by ABBEY GARDENS whose address is: 1012 Garden Gate Drive, Haliburton, ON.

IMPORTANT NOTICE

BY SIGNING THIS AGREEMENT YOU ARE GIVING UP CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO RECOVER DAMAGES IN CASE OF INJURY, DEATH, OR PROPERTY DAMAGE, ARISING OUT OF YOUR USE OF THE OWNER'S HORSE AND/OR PARTICIPATION IN EQUINE ACTIVITIES AT **ABBEY GARDENS** INCLUDING INJURY, DEATH, OR PROPERTY DAMAGE ARISING OUT OF THE NEGLIGENCE OF YOU OR ABBEY GARDENS.

READ THIS AGREEMENT CAREFULLY BEFORE SIGNING IT. YOUR

SIGNATURE INDICATES YOUR UNDERSTANDING OF AND AGREEMENT TO ITS TERMS.

By signing this form, I hereby acknowledge on behalf of myself that I have familiarized myself with the activities that I will be allowed to participate in, and that I do hereby acknowledge and agree that I will participate in these activities without restriction or limitation. I recognize the inherent risks involved in riding and working with horses, including but not limited to:

- **b** Bites, kicks, abrasions or contusions from horses.
- **b** Scratches or other injury from stalls or enclosures.
- **Scratches or other injury from grooming tools and other equine equipment and tack.**
- The Allergic reactions to animals, hay, or other allergens.
- Tripping in holes or on materials or equipment.
- Slipping, falling, or otherwise being injured in the barn, in stalls, or on the grounds, which can be slippery, muddy, wet, or contain or present other hazards.

I hereby specifically forever waive and release ABBEY GARDENS and its principals and agents from any liability for injury arising out of the inherent risks from working or participating in a stable environment and/or with horses, as well as from the active negligence of ABBEY GARDENS its principals and agents.

By signing this agreement, I hereby acknowledge that although there may be supervision during my time spent at ABBEY GARDENS, there will not be a nurse on the premises and ABBEY GARDENS and its principals and agents bear no



responsibility for my health or medical care. I agree to indemnify, save and hold harmless ABBEY GARDENS and its principals and agents from and against any loss, liability, damage, attorneys' fees, or costs that they may incur arising out of or in any way connected with either my presence or participation at ABBEY GARDENS or any acts or omissions of ABBEY GARDENS' principals or agents.

By signing this Agreement, and by initialing the paragraph below, I hereby acknowledge my complete understanding, agreement and consent to my presence and/or participation in the activities at ABBEY GARDENS, without restriction, without liability to ABBEY GARDENS, its principals or agents, and with full knowledge and understanding of the disclosures, waivers, and releases herein.

(Initial)

If I am present at and participate in the activities of ABBEY GARDENS I do so at my own risk, and I hereby acknowledge and agree that ABBEY GARDENS and/or any of its principals and agents shall bear no responsibility or risk associated with injuries that could arise from my presence or participation at ABBEY GARDENS.

(Initial)

I hereby grant to Abbey Gardens in Haliburton County, ON the right to reproduce, use, exhibit, display, broadcast, distribute, and create derivative works of the photographed and/or filmed images of me, taken for use in connection with the activities of Abbey Gardens or for promoting, publicizing, or explaining Abbey Gardens or its activities.

This grant includes, without limitation, and without reimbursement, the right to publish such images in the Abbey Gardens newsletter and PR/promotional materials, such as advertisements, fundraising materials, and any other Abbey Gardens-related publication. These images may appear in any of the wide variety of formats and media now available to Abbey Gardens and that may be available in the future, including but not limited to print, broadcast, videotape, DVD, and electronic/online media.

Name of Participant: _____ Date: _____ Date: _____

Participant's Signature: _____

Signature of Parent or Legal Guardian if Participant is a minor______





Volunteer Waiver

l,	_understand	that	l will	be	volunteering	for	Abbey	Gardens
Community Trust (Abbey Gardens) for the specified period of			from	I	to			and that

during that time I will be under the direct supervision of a staff member from Abbey Gardens. This period of time may be revised by

an Abbey Gardens staff member if I am not needed.

As a volunteer, I fully understand and agree to the following:

- That, aside from the pleasure of working in a garden setting with like-minded people, I will not receive any remuneration, salary, wage, payment or any employee benefit whatsoever, or be covered by Workers' Safety and Insurance benefits.
- That except as authorized, I will not use Abbey Gardens' facilities and equipment.
- In consideration of being permitted to participate as a volunteer, I agree to assume all risk of loss or injury, including my death or damage to my property while on the premises of Abbey Gardens and elsewhere resulting directly or indirectly from my activities as a volunteer. In the event that I am injured and my next of kin cannot be contacted, I give my permission to the attending physician to render such treatment as would be normal.
- That I release Abbey Gardens and its employees and Board Members from any and all claims for personal injury and/or property
 damage that may arise from my participation as a volunteer for Abbey Gardens. I understand that this release applies to both
 present and future injuries and that it binds my heirs, executors and administrators. I have read this release and understand all of
 its terms. I sign it voluntarily and with full knowledge of its significance.
- That in the course of participating in the volunteer program, I may be in receipt of confidential information including but not limited to client/sponsor/community partner identities, materials, records, memoranda, data and results pertaining to, arising from or containing particulars of confidential information. I agree that I shall not at any time while I am providing volunteer services for Abbey Gardens or at any time after those services are completed, disclose to anyone such confidential information, except as may be required or permitted by law or at the request of Abbey Gardens or as required to perform the volunteer services.
- That all material prepared by me, in the performance of my volunteer services, including copyright therein, shall become the sole property of Abbey Gardens. I waive any moral rights I may have with respect to all material prepared pursuant to this Agreement in favour of Abbey Gardens.
- I grant to Abbey Gardens the right to use any written information (not including medical information), photographs, video or other visual media of me taken during the period I am participating as a volunteer for the purposes of furthering Abbey Gardens' objectives. I agree that the Abbey Gardens' photographers may use photos taken of me during the aforementioned period in their portfolio as samples of work to show prospective clients/sponsors/community partners.

Photo/video release: ves No

BY SIGNING THIS FORM, I ACKNOWLEDGE THAT I HAVE READ, UNDERSTOOD AND AGREED TO THE ABOVE CONDITIONS, RELEASE AND WAIVER.

Signed at	this	day of	, year 20
Volunteer signature		If under 16, Parent/Guard	ian signature
Address		Home Phor	ne Number
E-mail Address		Mobile Pho	ne Number
			Abbe